



Week of June 2nd - 6th | Monday-Friday 7:30am-9:30am & 11:00am-1:00pm

Grab & Go Available 24/7 with Self-Checkout & Contactless Payment

menu subject to change

this week's features:

breakfast hot bar Monday- Thursday

butcher baker deli

flame grill

kitchen & co

country fried steak with 2 sides & a 20oz beverage

butcher & baker deli

flame grill

little lime

made to order nachos & a 20oz beverage

flame grill

butcher & baker deli

kitchen & co

roasted pork loin with 2 sides & a 20oz beverage

butcher & baker deli

flame grill

fish market

fried or baked swai with 2 sides & 20oz beverage

made to order breakfast

grab & go available all day

soup of the week

Cuban black bean soup

available for lunch all week long!

monthly celebration: National Pride Month

As a hospitality industry leader, we believe in preparing a table where everyone has a seat and feels they are accepted, valued and can be their true selves. That is why we are proud to celebrate Pride Month during the month of June as part of our Better Together Series and in support of our LGBTQ+ associates always.

Honoring Juneteenth

The official name of the federal holiday Juneteenth National Independence Day, also called Emancipation Day, Freedom Day, Jubilee Day, Black Independence Day, and Juneteenth Independence Day, is a holiday commemorating the end of slavery in the United States, observed annually on June 19th. Juneteenth is celebrated on Thursday, June 19, 2025.

catering needs?

Reach out to us and let our catering team make your event a success to remember.



We'd love to hear your thoughts! Reach out to us at: MarketPlaceFeedback@regions.com
Daniel Miesner | chef manager | The ROC Marketplace | daniel.miesner@compass-usa.com | 205-261-6537
Online ordering available at <https://delivery.zipthruordering.com/cmp/?storeid=RGNSROC1>



Week of June 9th – 13th | Monday-Friday 7:30am-9:30am & 11:00am-1:00pm

Grab & Go Available 24/7 with Self-Checkout & Contactless Payment

menu subject to change

this week's features:

breakfast hot bar Monday- Thursday

butcher baker deli

flame grill

piccolo italia

baked spaghetti with 2 sides & a 20oz beverage

butcher & baker deli

flame grill

little lime

taco bowl with chicken or steak & a 20oz beverage

flame grill

butcher & baker deli

fly chix

chicken wing 6 or 9 pc & a 20oz beverage

butcher & baker deli

flame grill

fish market

shrimp or fish basket with beverage

made to order breakfast

grab & go available all day

soup of the week

wicked thai chicken and rice soup

available for lunch all week long!

monthly celebration:

National Pride Month

As a hospitality industry leader, we believe in preparing a table where everyone has a seat and feels they are accepted, valued and can be their true selves. That is why we are proud to celebrate Pride Month during the month of June as part of our Better Together Series and in support of our LGBTQ+ associates always.

Honoring Juneteenth

The official name of the federal holiday Juneteenth National Independence Day, also called Emancipation Day, Freedom Day, Jubilee Day, Black Independence Day, and Juneteenth Independence Day, is a holiday commemorating the end of slavery in the United States, observed annually on June 19th. Juneteenth is celebrated on Thursday, June 19, 2025.

catering needs?

Reach out to us and let our catering team make your event a success to remember.



We'd love to hear your thoughts! Reach out to us at: MarketPlaceFeedback@regions.com
Daniel Miesner | chef manager | The ROC Marketplace | daniel.miesner@compass-usa.com | 205-261-6537
Online ordering available at <https://delivery.zipthruordering.com/cmp/?storeid=RGNSROC1>



Week of June 16th – 20th | Monday-Friday 7:30am-9:30am & 11:00am-1:00pm

Grab & Go Available 24/7 with Self-Checkout & Contactless Payment

menu subject to change

this week's features:

breakfast hot bar Monday- Thursday

butcher baker deli

flame grill

ginger republic

sweet & sour chicken with sides & a 20oz beverage

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

butcher & baker deli

flame grill

kitchen & co

baked potato bar with sides & a 20oz beverage

flame grill

butcher & baker deli

little lime

chicken or pork street tacos with 2 sides & a 20oz beverage

Closed for Juneteenth

grab & go available all day

Marketplace Closed

grab & go available all day

soup of the week

Mexican corn soup

available for lunch all week long!

monthly celebration: National Pride Month

As a hospitality industry leader, we believe in preparing a table where everyone has a seat and feels they are accepted, valued and can be their true selves. That is why we are proud to celebrate Pride Month during the month of June as part of our Better Together Series and in support of our LGBTQ+ associates always.

Honoring Juneteenth

The official name of the federal holiday Juneteenth National Independence Day, also called Emancipation Day, Freedom Day, Jubilee Day, Black Independence Day, and Juneteenth Independence Day, is a holiday commemorating the end of slavery in the United States, observed annually on June 19th. Juneteenth is celebrated on Thursday, June 19, 2025.

catering needs?

Reach out to us and let our catering team make your event a success to remember.



We'd love to hear your thoughts! Reach out to us at: MarketPlaceFeedback@regions.com
Daniel Miesner | chef manager | The ROC Marketplace | daniel.miesner@compass-usa.com | 205-261-6537
Online ordering available at <https://delivery.zipthruordering.com/cmp/?storeid=RGNSROC1>



Week of June 23rd – 27th | Monday-Friday 7:30am-9:30am & 11:00am-1:00pm

Grab & Go Available 24/7 with Self-Checkout & Contactless Payment

menu subject to change

this week's features:

breakfast hot bar Monday- Thursday
butcher & baker deli
flame grill
dhaba
butter chicken with 2 sides & a 20oz beverage

flame grill
butcher & baker deli
kitchen & co
flank steak with 2 sides & a 20oz beverage

butcher & baker deli
flame grill

Regions ROC Tailgate



made to order breakfast

grab & go available all day

soup of the week
chicken noodle soup

available for lunch all week long!

monthly celebration: National Pride Month

As a hospitality industry leader, we believe in preparing a table where everyone has a seat and feels they are accepted, valued and can be their true selves. That is why we are proud to celebrate Pride Month during the month of June as part of our Better Together Series and in support of our LGBTQ+ associates always.

June Tailgate at Riverchase North

Join us on June 24th for the Riverchase complex taco tailgate. Meal will be available for prepurchase all month long, and make sure to hold onto your receipt as proof of purchase. We look forward to celebrating summer with you!

catering needs?

Reach out to us and let our catering team make your event a success to remember.



We'd love to hear your thoughts! Reach out to us at: MarketPlaceFeedback@regions.com
Daniel Miesner | chef manager | The ROC Marketplace | daniel.miesner@compass-usa.com | 205-261-6537
Online ordering available at <https://delivery.zipthruordering.com/cmp/?storeid=RGNSROC1>